

# PERSONAL HEALTH HISTORY

DATE \_\_\_\_\_

NAME \_\_\_\_\_

PLEASE CHECK ANY OF THE FOLLOWING MEDICAL CONDITIONS  
YOU HAVE OR HAVE HAD:

Anemia/Blood Disease	__	YES	__	NO
Sickle Cell Anemia	__	YES	__	NO
Bronchitis/ Chronic Cough	__	YES	__	NO
Loss of Consciousness/ Dizziness	__	YES	__	NO
Hepatitis/ Liver Disease/ Jaundice	__	YES	__	NO
Neck/ Back Problem	__	YES	__	NO
Cancer/ Tumor/ Leukemia	__	YES	__	NO
Arthritis/ Rheumatism	__	YES	__	NO
Color Blindness/ Glaucoma	__	YES	__	NO
Heart Disease/ Heart Murmur	__	YES	__	NO
High Blood Pressure	__	YES	__	NO
Sinus Problems/ Hay Fever	__	YES	__	NO
Immune Deficiency Syndrome	__	YES	__	NO
Removal of Spleen	__	YES	__	NO
Gall Bladder Surgery	__	YES	__	NO
Hernia Repair	__	YES	__	NO
Rectal/ Bowel Surgery	__	YES	__	NO
Major Bone/ Joint Surgery	__	YES	__	NO

Prostate Surgery	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Pregnancies	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Allergies	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Tonsils/Adenoids/ Ear Surgery	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Asthma/ Emphysema	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
TB/ History of Positive Skin Test	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Seizures/ Epilepsy	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Frequent or Severe Headaches	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Thyroid Disease/ Goiter	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Kidney Disease/ Kidney Stones	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Knee or Joint Problems	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Stroke/ Paralysis	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Deafness/ Hearing Loss/ Ringing in the ears	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Ulcer/ Digestive/ Problems Bowel Disease	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
History of Alcohol/ Drug Problems	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Gyn(female) Problems/infections	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Hysterectomy/ Gyn(female) Surgery	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Ulcers/ Stomach Surgery	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Appendectomy	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Breast Surgery	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Heart/ Lung Surgery	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO
Cataract Surgery	<input type="checkbox"/>	YES	<input type="checkbox"/>	NO

CURRENT MEDICATIONS:

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PLEASE LIST ANY OTHER MEDICAL/SURGICAL CONDITION, OR COMMENT ON ANY OF THE ABOVE:

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FAMILY HISTORY: MOTHER

CURRENT AGE (or if deceased give date of death) \_\_\_\_\_

ILLNESSES \_\_\_\_\_

GENERAL HEALTH \_\_\_\_\_

FAMILY HISTORY: FATHER

CURRENT AGE (or if deceased give date of death) \_\_\_\_\_

ILLNESSES \_\_\_\_\_

GENERAL HEALTH \_\_\_\_\_

FAMILY HISTORY: SIBLINGS

CURRENT AGE (or if deceased give date of death) \_\_\_\_\_

GENDER \_\_\_\_\_

ILLNESSES \_\_\_\_\_

GENERAL HEALTH \_\_\_\_\_

FAMILY HISTORY: SIBLINGS

CURRENT AGE (or if deceased give date of death) \_\_\_\_\_

GENDER \_\_\_\_\_

ILLNESSES \_\_\_\_\_

GENERAL HEALTH \_\_\_\_\_

Please include cancer, diabetes, heart attacks, blood pressure, strokes, TB and any important illnesses.

DO YOU SMOKE?

CURRENTLY \_\_\_ YES \_\_\_ NO

HOW MUCH? \_\_\_\_\_

NUMBER YEARS? \_\_\_\_\_

\_\_\_ CIGARETTES \_\_\_ CIGARS \_\_\_ PIPE

DO YOU DRINK ALCOHOLIC BEVERAGES?

CURRENTLY  YES  NO

WHAT KIND? \_\_\_\_\_

HOW OFTEN? \_\_\_\_\_

**FOR FEMALES ONLY:**

ARE YOU PREGNANT?  YES  NO

DATE OF LAST MENSTRUAL CYCLE? \_\_\_\_\_

SIGNATURE OF PERSON COMPLETING HEALTH HISTORY

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_